**Instructions for Transtibial Amputees Using Silicone Liner and Pin**

**Locking Suspension System**

**Application:**

* Remove any compression socks or protector
* Roll the silicone liner inside out and flatten the end before placing it on your limb. There should be no gapping between the liner and your limb.
* Continue to roll the liner onto your limb being careful of the pin (the pin can poke the liner if you are not careful, if this happens, contact your prosthetist).
* The liner should be rolled completely onto the limb and never pulled onto the limb. Tension on the skin may cause skin irritation or blisters. Rolling the top 1/3 of the liner up and down a couple of times will help reduce the tension.
* Once the liner is in place continue to add the appropriate amount of prosthetic sock ply.
* Be sure that the socks are free of wrinkles
* Maintaining the correct amount of prosthetic sock ply throughout the day will be an important part of a successful prosthetic experience.
* If at any time your prosthesis seems too loose or too tight, you will need to modify the amount of sock ply.
* It is recommended that you carry an assortment of sock ply with you for changes in volume (size of your limb) throughout the day.
* If you have a pelite liner, place that on your limb next, if not continue with next step.
* Step into your prosthesis until you are securely locked in.

**Removing the Prosthesis:**

* Push in and hold the button to release the lock mechanism. If the lock sticks you may have to put weight onto your prosthesis and then disengage the lock.
* Remove your limb from the prosthesis.
* Remove the liner if applicable
* Remove any prosthetic socks and then roll your liner off your limb.

If at any time you have questions or concerns, please contact your prosthetist.